

To: Campus Community  
From: Emergency Preparedness & Planning Committee  
Subject: Have Disaster Supplies on Hand

How well you and your family survive an earthquake often depends upon how well you prepare beforehand. Assembling a personal disaster kit is one way you can prepare for an earthquake or other emergency. Because you don't know where you'll be when an earthquake or other emergency occurs, the Federal Emergency Management Agency ("FEMA") and the Southern California Earthquake Center recommend that you keep a disaster kit in your **home**, another in your **car**, and a third at **work**.

These agencies recommend that these personal disaster kits include the following, which can be stored in a small bag or backpack:

- Emergency food and water
- Non-electric can opener
- Flashlight and extra batteries
- Portable radio with extra batteries
- Essential medicines
- First aid kit and handbook
- Spare eye glasses
- Whistle (to alert rescuers to your location)
- Sturdy shoes
- Emergency cash
- List of emergency out-of-area contact phone numbers

The Southern California Earthquake Center recommends that **home** disaster kits contain supplies that last at least three days, but ideally for two weeks. For water, this means that your home kit should contain one gallon per person per day (for drinking, cooking and sanitation). For further guidance, please refer to the *Putting Down Roots in Earthquake Country* publication at [www.earthquakecountry.info/roots](http://www.earthquakecountry.info/roots).

Use and replace perishable items like water, food, medications and batteries on an annual basis, or earlier, if warranted.

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